

Distribution Menu December 2020



Monday Tuesday Wednesday **Thursday Friday** FEAR NOT... *Menus subject to change without notice* No-Cost Meal All meals will come with a daily selection of fruit & daily vegetable Pickup is 30 STILL HERE! **Strawberry Bagel** Whole Grain Benefit Bar **Danimals Yogurt Blueberry Muffin Cereal Cup** Pick up is now back to our Ham & Cheese Sub Ranch Chicken Sandwich **Three Cheese Sandwich Turkey & Cheese Sandwich Italian Ham Sub** previous schedule! 9 8 11 **Cereal Bar** Strawberry Bagel **Danimals Yogurt Apple Cinnamon Muffin Cereal Cup** Tuesdays & **Thursdays** Sunbutter & Jelly **Buffalo Chicken Wrap Deli Ham Sub Chicken Patty Sandwich Turkey Baboom Sandwich** Sandwich 7am - 9am 14 15 16 17 18 AND Strawberry Bagel Whole Grain Benefit Bar **Danimals Yogurt Blueberry Muffin Cereal Cup** 11am - 1pm! **BBQ Chicken Patty** Chicken Caesar Wrap **Turkey & Cheese Sub Ham Baboom Sub Three Cheese Sandwich** Sandwich Please pull 21 22 23 24 25 around the Strawberry Bagel **Cereal Bar Danimals Yogurt** building to the **NO SCHOOL NO SCHOOL** white canopy **Honey Dijon Chicken** tent in a single **Chicken Salad Wrap Turkey Baboom Sandwich** Sandwich file line and wait 28 29 30 to speak with a cafeteria staff **NO SCHOOL NO SCHOOL NO SCHOOL NO SCHOOL NO SCHOOL** member.

MEAL PRICES
ARE AT
NO COST!!

All offerings are **COMPLETE** meals

Every breakfast meal will consist of: Entree, 1 cup daily fruit, & an 8oz. milk

Every lunch meal consist of: Entree, 1/2 cup daily fruit, 3/4 cup daily vegetable, & an 8oz. milk

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For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menuand more visit us online at: www.methacton.org/aramark or scan this QR code!





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